



Longwood University

## **Student Government Association**

2017-2018 Session

**Senate Resolution Number: 01-2017.18**

**Introduced on: 2/6/2018**

**Description:** This resolution expresses the opinion of the Student Body in regards to highlighting the need to further promote the services offered by the Counseling and Psychological Services (CAPS). This resolution calls for a discussion with the Faculty Senate in order to implement a clause stating the purpose and availability of these services to be added to all academic syllabi released to students.

**Author(s):** Senator Madison Lowry

**Sponsor(s):** Executive Treasurer Dustyn Hall

**WHEREAS**, according to the Centers for Disease Control (CDC) and the National Bureau of Economic Research, the national suicide rate among young adults, ages 15-24, has tripled since the 1950's. It is also a leading cause of death among college and university students in the United States; and

**WHEREAS**, as a campus who is committed to serving its students and values the community aspect that Longwood University offers, the general student body should be more aware that mental health has a strong effect on overall well-being, safety, and our ability to maintain a high level of performance in our studies; and

**WHEREAS**, being a college student, there is an increased amount of stressors that are put upon oneself and can further lead to the multitude of negative outcomes that are caused by stress itself; and

**WHEREAS**, many current students may not be aware of the services that are offered on campus. This inhibits a student's ability to utilize the services they are paying for; and

**WHEREAS**, if an emergency situation should occur, many students may not be aware of the ways to get help in order to potentially prevent a detrimental situation from materializing; and

**WHEREAS**, our campus should be encouraging the campaign to help end the stigma against mental health disorders in order to further promote the idea of diversity and inclusion.

**THEREFORE, BE IT RESOLVED** that the Student Government Association encourages an active discussion and cooperative partnership with the Longwood University Faculty Senate, in an effort to construct a statement on mental health for mandated inclusion in all University class syllabi.

**Proposed Clause (1):**

During the semester, if life stressors begin to interfere with your academic or personal success, please consider contacting Counseling and Psychological Services (CAPS). All students are eligible for counseling and psychological services at no cost. CAPS is located in the Health and Fitness Center and can be contacted by phone (434.395.2409) between the hours of 8:15am-5:00 pm Monday-Friday. For emergency situations, please call (911), contact the Longwood Police Department (434.395.2091), reach out to your Resident Advisor (RA), or the Resident Education Coordinator (REC) for your hall or building. For more information, see <http://www.longwood.edu/caps/>

**Proposed Clause (2):**

Stress and anxiety are very typical reactions to college life and many students have experienced significant benefits from participating in counseling. Longwood's Counseling and Psychological Services (CAPS), located in the Health and Fitness Center, is available to all students at no cost. Appointments can be scheduled by phone (434.395.2409) during the hours of 8:15am-5:00 pm Monday-Friday. More information is available at: <http://www.longwood.edu/caps/>. Resident Education Coordinators (RECs) and Resident Advisors (RAs) are additional resources to students.

For emergency situations, please call (911) or contact the Longwood University Police Department at 434.395.2091.

**Authorized Use Only**

---

Motioned by: VA 21 Rep. Rollins

Seconded by: Secretary Hobson

Vote Type (circle one): Acclamation Show of Hands Secret Ballot Roll Call

Acclamation (check proper box): Yay \_\_\_ Nay \_\_\_ Abstain \_\_\_

Show of Hands/Secret Ballot/Roll Call (totals): Yay 34 Nay 0 Abstain 0

Attach a roster with each member's individual vote for Roll Call vote.

*Roll Call votes are required for any vote attempting to override a presidential veto.*

---

Senate Status (circle one): Passed Failed

Signed this 13<sup>th</sup> day of February, 2018.

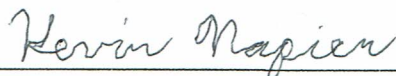


Executive Senator – Senate Relations

---

As President of the Longwood University Student Government Association, I approve this resolution.

Signed this 13<sup>th</sup> day of February, 2018.



SGA President